

# 10 Essential Heating Tips to Save You Money and Stay Cozy



Expert advice for maintaining an energy-efficient home this winter

**Your Trusted Heating Experts**



# Heating and Plumbing Nationwide

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## 1. Introduction: Why Heating Efficiency Matters

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Heating your home efficiently can save you hundreds of pounds every year while keeping your family comfortable. This guide provides practical tips that you can implement today to reduce heating costs and improve energy efficiency.

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## 2. Seal Drafts for Instant Savings

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- Prevent heat loss by sealing gaps around doors, windows, and other openings.
- Use draft excluders, weatherproofing strips, or insulation foam to seal cracks. These can be bought from most retailers for a very low cost.
- Draft-proofing can reduce heat loss by up to 15%, saving money and keeping your home cozy.

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## 3. Optimize Your Thermostat Settings

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- Set your thermostat to 18-21°C during the day and lower it at night.
- Each degree lower can save up to 10% on heating costs.
- Smart thermostats allow you to schedule heating only when needed, maximizing savings.

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## 4. Use Radiator Reflectors Effectively

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- Radiator reflectors redirect heat back into the room instead of letting it escape through walls.
- They are affordable and easy to install.
- You can also DIY with aluminum foil for a quick fix.

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## 5. Maintain Your Boiler Regularly

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- Schedule an annual boiler service to ensure efficiency and safety.
- Check for unusual noises, leaks, or pressure drops.
- Regular maintenance extends the life of your boiler and reduces the risk of breakdowns.

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## 6. Enhance Home Insulation

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- Use thermal curtains and rugs for added warmth.
- Insulation prevents heat from escaping, keeping your home warm longer.
- Correct insulation in walls, lofts, and floors can cut your energy cost by up to 25% saving you hundreds of pounds per year. There are companies which offer government grants, saving you more than 50% on the installation costs, some companies will cover 100% of the cost if you are eligible.

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## 7. Simple DIY Heating Fixes

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- Check boiler pressure to ensure correct operation. Most combi boiler will require the pressure to be on 1bar. If your boiler keeps losing pressure, there could be a fault.
- Use a radiator bleed key for bleeding radiators to remove trapped air and improve efficiency. Useless there is a leak on the downstairs radiator, most of the time only the radiators at the highest point in house will require bleeding, such as the bathroom towel rail.
- Following these steps to ensure the radiator has been bled correctly. When the heating is on, feel the top of the radiator for cold spots. If there are cold spots, turn the heating off and then start to bleed the radiator. You should hear air being released, close the valve once water starts to appear. The bleeding process will take pressure from the boiler, if the pressure falls below 1bar do top it up again to correct level. (Note: do not over tighten the radiator bleed valve as it can make it difficult to bleed the next time)

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## 8. Smart Gadgets to Save Energy

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- Invest in energy-saving devices like smart thermostats, radiator valves, and timers. Most popular brands available are the Hive and Nest.
- These gadgets help you monitor and control energy usage.
- Enjoy significant savings on your heating bills.
- Convince of having the smart thermostat is that the heating can be controlled from most mobile devices and tablets. If you leave your house and forget to turn the heating off, you can simply switch it off from your mobile phone app.
- For a professional installation, why not give Heating and Plumbing Nationwide a call. Contact details can be found on the final page.

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## 9. Signs It's Time for a New Boiler

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- If your boiler frequently breaks down or struggles to heat your home, it may be time for an upgrade.
- Modern boilers are more energy-efficient and can reduce heating costs.
- Look for strange noises, leaks, or rising energy bills as warning signs.

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## 10. Bonus: Emergency Heating Tips

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- Use portable heaters and layer up with warm clothing in case of a heating failure.
- Seal off unused rooms to retain heat.
- Always keep emergency contact numbers handy for quick repairs.

## What Our Customers Say

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*"Highly recommend. Mo installed a new boiler and smart thermostat in our home, after our original boiler had begun failing. He was able to turnaround quotes and start work quickly, given the need for having a working boiler up and running. Mo was professional, efficient, and took care in the work carried out. We will for sure consider them for any future plumbing/heating work we might need."*

**- Sam Shields**

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*"Heating and Plumbing Nationwide carried out a boiler repair for my father. He was very pleasant and took extra care in helping my elderly father. They remediated the issue with the correct parts, which the insurance supplied engineer stated that it was not possible to be repaired! This demonstrated Mo's experience and knowledge to remediate an issue which others wrote off. Very happy with the service received and the cost charged was reasonable. Highly recommended."*

**- Kishore Rajendran**

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*"Mo serviced our boiler and re-routed some gas pipes for us. The work he carried out was really good quality and he himself was a lovely guy. Would thoroughly recommend him to anyone and would happily use him again for any future work."*

**- Matthew Brown**

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## Need Expert Help?

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Contact Heating and Plumbing Nationwide for professional boiler servicing, repairs, and installation. Our expert engineers are here to help you stay warm and save on energy costs.

**Phone: 07969 547382 or 0800 677 1516**

**Email: [hpnationwide@outlook.com](mailto:hpnationwide@outlook.com)**

**Website: [www.heatingandplumbingnationwide.co.uk](http://www.heatingandplumbingnationwide.co.uk)**

